

Limestone Community School
Extra Curricular Activities Code

All students wishing to represent Limestone Community School in an extracurricular activity must follow all rules and regulations listed in order to provide an organized, healthy, and safe atmosphere for all participants.

1. General Regulations

- A. Rules and regulations apply to all athletes and managers, trainers, cheerleaders, mascots and all other members of a team.
- B. There are three (3) sport seasons – Fall, Winter, and Spring and all training rules are in effect beginning with the first practice and ending with the athletic banquet for that season.
- C. All violations that justify consideration for dismissal from an extracurricular activity will be referred to the Assistant Principal/Athletic Director for action. The decision of the high school Assistant Principal may be appealed to the Principal and then to the Superintendent of Schools.
- D. In addition to being suspended from activities, students are subject to additional discipline under the policy/rule that was violated.

II. Specific Regulations

- A. Drugs/Alcohol/Tobacco – All students representing Limestone Community School in an interscholastic activity must refrain from the use of tobacco – chewing or smoking, alcohol, and any other illegal substance or activity. In addition, any regulation stipulated in the substance abuse policy can cause the participant to suffer the penalty of dismissal from that activity for that season. Removal denies the participant any awards or recognition due a teams activity member.
- B. School Transportation – All participants of school activities will travel to and from events by school authorized transportation and during this time will be restricted from private vehicles except when a special written request is made to the coach, advisor, athletic director, or principal by the parent or guardian. The only exception to this policy may be granted by the Superintendent of Schools. (Ex.) Coach may be allowed to take a personal vehicle when only a few students are involved.
- C. Clothing and Appearance – For all school sponsored trips and banquets, students should wear appropriate clothing. Coaches/Athletic Director may set

reasonable standards for the appearance of athletes in that sport. This includes but is not limited to hair length/style, and wearing of jewelry and hats. (i.e. adornment)

- D. Physicals – Every student must have a physical examination before they can participate in an interscholastic sport and be approved for the activity by a doctor.
- E. Termination of Participation – A student may try out for more than one team in a sports season. However, the student must declare which sport they are going to participate in before the roster of either team is chosen. A student who quits for any reason will not be allowed to compete in any sport for that particular sport season.
- F. Conduct – Students participating in all school activities must conduct themselves in an unquestionable manner. A student may be suspended from any activity if their conduct is such that it will bring disrespect on the school. Athletes on school suspension cannot participate until the suspension has expired.
- G. Attendance – All students participating in an interscholastic sport are obligated to attend all practices, games, and athletic award functions. Failure to fulfill their commitment will result in removal from the team and the athlete will not be eligible for any awards. However, absences that are excused relative to the Limestone school absence policy will be deemed an excused absence. The Principal or Assistant Principal will determine if the absence is excused or unexcused. (NOTE) If a student is not in school the day of (or in the case of non-school day, the day before) a game, practice or activity, he/she will not be allowed to participate. Exceptions for legitimate reasons may be approved by the Principal or the Assistant Principal. Prior to and immediately following formal harvest recess, the student athlete is required to be in school so that all team commitments can be completed. Failure to complete these requirements will result in dismissal from the team, making the athlete ineligible for awards.
- H. Lost Uniforms/Damaged Equipment – Athletes are responsible for all equipment and uniforms issued to them. Lost or damaged school property must be paid for at current replacement prices.
- I. Eligibility – A student is eligible to compete in interscholastic athletic contests for only eight consecutive semesters from the time he/she enters grade 9. No student is eligible who has reached the age of 20. A student must successfully complete four full-time subjects or their equivalent (during the previous quarter) in order to be eligible to participate in any interscholastic athletic contest. Failing grades for the 4th quarter may be made up in summer school. Example: If a student fails the second quarter he/she would be ineligible for any sports activity throughout the third quarter. Eligibility or ineligibility for

